

Petersham Council on Aging
P.O. Box 486
Petersham, MA 01366

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COA



NEWSLETTER

JUNE 2017

This newsletter is underwritten by the Executive
Office of Elder Affairs.

ADDRESS SERVICE REQUESTED

DURABLE (MEDICAL) EQUIPMENT REUSE PROGRAM

REequipment is a statewide, medical equipment reuse program that collects gently used durable medical equipment, repairs and cleans it and reassigns it to people in need at no cost. An inventory of available items such as manual and power wheelchairs, scooters, shower chairs, tub seats, strollers and standers, rollator walkers, sling lifts and more is available at www.dmeREquipment.org.

REequipment often refer people to COA loan closets for walkers, canes, commodes and other devices that they do not accept. They can be reached at info@dmerequipment.org or call 1-800-261-9841.

Petersham's Council on Aging Mission Statement

Petersham's Council on Aging dedicates itself to addressing concerns of the sixty year and older population of the Town of Petersham.

HELPFUL INFORMATION

LifePath has moved to Greenfield as of May 15. They now are at 101 Munson Street, Suite 201, Greenfield, MA 01301. Phone, fax numbers, and other contact information will stay the same: 413-773-5555/978-544-2259/Fax: 413-772-1084, info@LifePathMA.org/
LifePathMA.org

There is a radio reading service (operating from a radio station in Marshfield) that offers news and other information to persons who are visually impaired or have other issues. Their program provides other service/info that can be accessed from outside their broadcast signal range. <http://www.sightlossolutions.org/RadioReading.html> offers reference to similar services/information.

Medicare beneficiaries are strongly encouraged to review their quarterly Medicare Summary Notice and their Medicare Explanation of Benefits to ensure Medicare is billed accurately. If there are any questions about prescriptions, doctors, pharmacies or services listed on the benefit statements, members can call their plan or 1-800-Medicare.

Craigslist Scam—Purchasing a “Used” Vehicle.

A licensed car dealer conspires with a private (unlicensed) individual to pose as the car’s owner on craigslist. If/when the purchaser has a problem with the used car, the unsuspecting buyer contacts the private seller; the seller claims it was never their car: “it belongs to a dealership.” When buyer contacts the dealership, they say it’s not their problem because car was sold offsite. Sometimes the “owner” hasn’t provided legitimate contact information and removes the ad, and the buyer is stuck with no way to contact them (the original owner).

Please know there is a very readable link re: use car selling at <http://blog.mass.gov/consumer/massconsumer/buying-a-car-on-craigslist-know-who-you-are-buying-from/>

COA BOARD NOTES

The COA Board met on Monday, May 8, 2017 at 10:00 a.m.

Pam Chevalier and Kay Berry did the Meals-On-Wheels Walk-a-thon on April 29th and were pleased to give \$155.00 from donors.

Janice Olson and Mary Russell have been recertified for ServSafe.

The Monty Tech luncheon will be on May 23rd.

There will be no COA Board meetings in June or July and no newsletter for July and August.

The next Board meeting will be on Monday, August 14, 2017 at 10:00 a.m. in the lower Town Hall.

SNOTTY RECEPTIONIST

An older gentleman had an appointment to see the urologist who shared offices with several other doctors. The waiting room was filled with patients.

As he approached the receptionist desk he noticed that the receptionist was a large unfriendly woman who looked like a Sumo wrestler, He gave her his name.

In a very loud voice the receptionist said, 'Yes, I have your name here. You want to see the doctor about impotence, right?'

All the patients in the waiting room snapped their heads around to look at the very embarrassed man.

He recovered quickly and in an equally loud voice replied, 'No, I've come to inquire about a sex change operation, but I don't want the same doctor that did yours.'

DON'T MESS WITH OLD FOLKS!

SPRING FUN FITNESS CLASSES 2017

Fun Fitness Classes are:
May 22 and 26

Time is 10:30 to 11:30 a.m.
(Suggested donation is \$3.00)

We will be taking a summer break from fitness related classes. At this time we plan on resuming Fitness, Yoga, and T'ai Chi classes in September.

Anyone is welcome to attend these classes, regardless of age. Kay Berry is coordinator. If you have questions call 978-724-6610 or email PshamCOA@gmail.com.

Fitness, Yoga, and T'ai Chi classes are sponsored by the Petersham Council on Aging and are underwritten by the Executive Office of Elder Affairs.

JUNE LUNCH MENU

June 05 - Macaroni & Cheese, Stewed Tomatoes, Multigrain Bread, Raisins

June 12 - Salisbury Steak, Stroganoff Sauce, Chantilly Potatoes, Mixed Vegetables, Wheat Bread, Blueberry Yogurt

June 19 - Beef Wrap, Peppers & Onions, Tortilla, Spanish Rice, Calif. Veg. Blend, Cherry Snack n Loaf

June 26 - Broccoli Bake, Home Fries, Stewed Tomatoes, Wheat Bread, Macintosh Apple

To reserve a meal or notify of cancellation call Mary Russell at 978-724-3233 by Thursday afternoon.

Suggested donation is \$2.50 for seniors or disabled; \$3.00 for younger than 60 years old.

Please contact Mary if you regularly attend the meal site but will not be able to come to a Monday meal.

PROGRAM REMINDERS

May 28 - 10:30 a.m. - Interfaith Memorial Day Service at the Congregational Church

May 29 - MEMORIAL DAY PARADE and SERVICE - No Lunch

June 05 - 7:00 p.m. - Annual & Special Town Meeting, Petersham Center School

June 10 - Town Wide Yard Sale

June 12 - 12:30 p.m. Steve Henderson will be presenting 'An Accidental Wedding' following lunch. This is a one-act interactive, humorous play that is about 45 minutes long.

June 18 - 3 p.m. Village Lyceum at Unitarian Church. Pianist/composer Adam Bergeron.

June 24 - 6 p.m. - Baked stuffed chicken dinner, Congregational Church. Call Janice Olson for reservations at 978-724-3362.

Aug 06 - 3 p.m. Village Lyceum at Unitarian Church. Pianist/composer Adam Bergeron.

Sept 21 - Eastern States Exposition. Bus trip to Big E leaves Town Hall at 10 a.m. and will leave Big E about 5 p.m. The bus is handicap accessible and is no charge. Admission tickets are the responsibility of the riders and are expected to be about \$15.00. Please call Janice Olson at 978-724-3362 for reservations.

The email for Petersham Council on Aging is PshamCOA@gmail.com and can be used to request electronically sent newsletters.